PHOENIX BULLETIN AUGUST 2022

The Club ran a "Couch to 2k" program on each Saturday in August with a total of 10 swimmers participating. Five have signed on as new members with potentially more to come. Many thanks to all of our members who supported this Club initiative – we hope that it will introduce a new group of swimmers to our squad.

Orders are now being taken for Club gear. Details can be found on the Phoenix website https://phoenixmastersswim.org.au/uniforms/ Check out the items on offer and the size charts to make a selection.

Please EFT the amount of your order to the Club account (ref surname) and email the Club with details of your order. Orders will close on 11 September and we are hoping to have the items available 3 or 4 weeks after that.

We only place an order every 12 months or so and it's a great opportunity to get your hands on our outstanding gear. At present we have available NOW a small stock of Club towels available at \$40 each – pay the club by EFT and we will get one to you. They won't last long!

Masters Swimming is changing to Swim Central. For members who haven't already logged into Swim Central and set up a password, we urge you to do this now. Your email address is your username. Any problems please contact the Club. https://swimcentral.swimming.org.au/home

Check out the Club website https://phoenixmastersswim.org.au/ for all details of our Club activities. The next State Cup is on 23 October (entries close 6 October) and we are hoping for a big turnout.

A reminder that Phoenix is running three sessions a week at Immanuel pool - Saturday 10.30 am (Cheryl coaching), Monday (Neal coaching) and Wednesday (Jo Sutcliffe coaching) both at 7 pm. It's a great opportunity to catch up with other members and to support the Club.

See you at the pool.