

Women's Long Course Club Records

Age	Event	Distance	Name	Time	Location	Date
18 - 24	Freestyle	50	Pui Yee Li	37.10	Strathalbyn	28/02/2021
18 - 24	Freestyle	100	Hannah Murray	1:19.41*	SAALC	16/06/2024
18 - 24	Freestyle	200	Hannah Murray	2:44.64*	SAALC	16/06/2024
18 - 24	Freestyle	400	Hannah Murray	5:38.10	SAALC	16/06/2024
18 - 24	Breaststroke	50	Hannah Murray	49.29*	SAALC	14/07/2024
18 - 24	Breaststroke	100	Hannah Murray	1:47.08*	SAALC	14/07/2024
18 - 24	Breaststroke	200	Hannah Murray	3:47.03	SAALC	14/07/2024
18 - 24	Butterfly	50	Hannah Murray	38.57*	SAALC	16/06/2024
18 - 24	Butterfly	100	Hannah Murray	1:26.42	SAALC	16/06/2024
18 - 24	Individual Medley	200	Hannah Murray	3:10.48	SAALC	7/04/2024
25 - 29	Freestyle	50	Kimberley Vidura	29.94*	SAALC	19/07/2021
25 - 29	Freestyle	100	Kimberley Vidura	1:07.00	Gawler	31/01/2021
25 - 29	Backstroke	50	Kimberley Vidura	35.09	Strathalbyn	28/02/2021
25 - 29	Backstroke	100	Kimberley Vidura	1:15.34	SAALC	15/08/2021
25 - 29	Backstroke	200	Kimberley Vidura	2:45.34	SAALC	19/07/2021
25 - 29	Butterfly	50	Kimberley Vidura	31.17	Gawler	31/01/2021
25 - 29	Butterfly	100	Kimberley Vidura	1:11.58	Strathalbyn	28/02/2021
30 - 34	Freestyle	50	Briny McArthur	31.79	SAALC	17/08/2021
30 - 34	Freestyle	100	Briny McArthur	1:08.81	SAALC	15/08/2021
30 - 34	Freestyle	200	Lauren Christian	2:35.24*	Strathalbyn	28/02/2021
30 - 34	Freestyle	400	Lauren Christian	5:16.49	Strathalbyn	28/02/2021
30 - 34	Freestyle	800	Briny McArthur	11:14.87	SAALC	24/01/2021
30 - 34	Freestyle	1500	Briny McArthur	22:02.20	Renmark	21/02/2021
30 - 34	Backstroke	50	Briny McArthur	38.03	SAALC	13/02/2021
30 - 34	Backstroke	100	Briny McArthur	1:23.06	SAALC	13/02/2021
30 - 34	Backstroke	200	Briny McArthur	2:52.29	SAALC	13/02/2021
30 - 34	Backstroke	400	Briny McArthur	6:13.60	SAALC	17/08/2021
30 - 34	Backstroke	800	Briny McArthur	12:46.05	SAALC	7/11/2021
30 - 34	Breaststroke	50	Lauren Christian	38.49	SAALC	10/10/2021
30 - 34	Breaststroke	100	Lauren Christian	1:23.30	SAALC	10/10/2021
30 - 34	Breaststroke	200	Briny McArthur	4:08.65*	SAALC	7/11/2021
30 - 34	Breaststroke	400	Briny McArthur	8:27.77	SAALC	7/11/2021
30 - 34	Butterfly	50	Briny McArthur	35.08	SAALC	19/07/2021
30 - 34	Butterfly	100	Lauren Christian	1:14.44	SAALC	10/10/2021
30 - 34	Individual Medley	200	Lauren Christian	2:43.78	SAALC	10/10/2021
30 - 34	Individual Medley	400	Briny McArthur	6:35.56	SAALC	18/12/2020
35 - 39	Freestyle	50	Stella Mathews	35.27	SAALC	2/04/2023
35 - 39	Freestyle	100	Stella Mathews	1:21.90	SAALC	23/10/2022
35 - 39	Freestyle	200	Stella Mathews	3:05.34	SAALC	14/08/2022
40-44	Freestyle	50	Rebecca Gumm	32.67	Murray Bridge	23/03/2025
40-44	Freestyle	100	Rebecca Gumm	1:15.71	Port Augusta	5/04/2025
40-44	Freestyle	200	Joanne Bowen	2.59.17	Strathalbyn	27/02/2022
40-44	Freestyle	400	Rebecca Gumm	6:38.53	SAALC	7/04/2024

Women's Long Course Club Records

Age	Event	Distance	Name	Time	Location	Date
40-44	Backstroke	50	Joanne Bowen	45.99*	SAALC	12/09/2022
40-44	Backstroke	100	Rachel Neumann	2:01.07	SAALC	21/08/2023
40-44	Backstroke	200	Rachel Neumann	4:20.61	SAALC	2/04/2023
40-44	Breaststroke	50	Rebecca Gumm	38.04	Port Augusta	5/04/2025
40-44	Breaststroke	100	Rebecca Gumm	1:31.07	Port Augusta	5/04/2025
40-44	Breaststroke	200	Rebecca Gumm	3:34.52	SAALC	16/06/2024
40-44	Breaststroke	400	Rachel Neumann	8:34.02	SAALC	21/08/2023
40-44	Butterfly	50	Rebecca Gumm	37.85	Port Augusta	5/04/2025
40-44	Individual Medley	200	Rebecca Gumm	3:20.02	SAALC	7/04/2024
45-49	Freestyle	50	Nicol Wright	29.88	SAALC	10/10/2021
45-49	Freestyle	100	Nicol Wright	1:05.47	SAALC	10/10/2021
45-49	Freestyle	200	Kim Wellington	2:36.74	Parap, NT	7/05/2024
45-49	Freestyle	400	Kim Wellington	5:34.23	SAALC	2/04/2023
45-49	Freestyle	800	Kim Wellington	11:33.01	Parap, NT	6/05/2024
45-49	Backstroke	50	Nicol Wright	33.28	SAALC	10/10/2021
45-49	Backstroke	100	Nicol Wright	1:13.91	SAALC	2/04/2023
45-49	Backstroke	200	Nicol Wright	2:43.94	SAALC	19/07/2021
45-49	Breaststroke	50	Kim Wellington	42.44	SAALC	2/04/2023
45-49	Breaststroke	100	Kim Wellington	1:34.13	SAALC	11/09/2022
45-49	Breaststroke	200	Kim Wellington	3:37.12*	SAALC	7/11/2021
45-49	Breaststroke	400	Kim Wellington	7:22.08	SAALC	7/11/2021
45-49	Butterfly	50	Nicol Wright	32.67	SAALC	11/09/2022
45-49	Individual Medley	200	Nicol Wright	2:54.12	SAALC	16/06/2024
50 -54	Freestyle	50	Natalie McGiffert	34.16	SAALC	23/10/2022
50 -54	Freestyle	100	Natalie McGiffert	1:19.50	SAALC	11/09/2022
50 -54	Freestyle	200	Natalie McGiffert	3:39.80	SAALC	23/10/2022
50 -54	Freestyle	400	Natalie McGiffert	6:46.21	Murray Bridge	23/03/2025
50 -54	Backstroke	50	Julie Taylor	43.64	SAALC	19/07/2021
50 -54	Backstroke	100	Natalie McGiffert	1:49.63	SAALC	16/06/2024
50 -54	Breaststroke	50	Natalie McGiffert	44.51	SAALC	23/10/2022
50 -54	Breaststroke	100	Julie Taylor	1:39.65	SAALC	10/10/2021
50 -54	Breaststroke	200	Natalie McGiffert	3:41.34	SAALC	21/08/2023
50 -54	Breaststroke	400	Natalie McGiffert	7:53.90	Gawler	29/01/2023
50 -54	Breaststroke	800	Natalie McGiffert	15:41.36	SAALC	5/11/2023
50 -54	Butterfly	50	Natalie McGiffert	44.84	Strathalbyn	23/02/2025
55-59	Freestyle	50	Cheryl Chambers	36.94	SAALC	10/10/2021
55-59	Freestyle	100	Cheryl Chambers	1:22.64	SAALC	10/10/2021
55-59	Freestyle	200	Cheryl Chambers	3:05.08	SAALC	10/10/2021
55-59	Freestyle	400	Cheryl Chambers	6:30.69	SAALC	10/10/2021
55-59	Freestyle	800	Cheryl Chambers	13:45.20*	SAALC	7/11/2021
55-59	Freestyle	1500	Cheryl Chambers	26:03.71	SAALC	7/11/2021
55-59	Backstroke	50	Julie Taylor	38.74*	SAALC	23/10/2022
55-59	Breaststroke	50	Julie Taylor	45.22	SAALC	11/09/2022

Women's Long Course Club Records

Age	Event	Distance	Name	Time	Location	Date
55-59	Breaststroke	100	Julie Taylor	1:40.69	SAALC	14/08/2022
55-59	Breaststroke	200	Julie Taylor	3:37.45	Murray Bridge	23/03/2025
55-59	Breaststroke	400	Cheryl Chambers	8:55.22	SAALC	7/11/2021
60 - 64	Freestyle	50	Joanne Sutcliffe	33.03*	SAALC	15/08/2021
60 - 64	Freestyle	100	Joanne Sutcliffe	1:10.04	SAALC	15/08/2021
60 - 64	Freestyle	200	Joanne Sutcliffe	2:31.61	SAALC	15/08/2021
60 - 64	Freestyle	400	Joanne Sutcliffe	5:13.42	Gawler	31/01/2021
60 - 64	Freestyle	800	Joanne Sutcliffe	10:48.89	SAALC	18/09/2021
60 - 64	Freestyle	1500	Cheryl Chambers	25:51.26	SAALC	5/11/2023
60 - 64	Backstroke	50	Joanne Sutcliffe	36.62	SAALC	10/10/2021
60 - 64	Backstroke	100	Joanne Sutcliffe	1:19.20	SAALC	19/07/2021
60 - 64	Backstroke	200	Joanne Sutcliffe	2:50.77	SAALC	19/07/2021
60 - 64	Backstroke	400	Joanne Sutcliffe	5:55.51	SAALC	19/07/2021
60 - 64	Backstroke	800	Joanne Sutcliffe	12:09.19*	SAALC	7/11/2021
60 - 64	Backstroke	1500	Joanne Sutcliffe	22:55.99	SAALC	7/11/2021
60 - 64	Breaststroke	50	Joanne Sutcliffe	46.77	Gawler	29/01/2023
60 - 64	Breaststroke	100	Karen Sturm	2:00.42	SAALC	14/08/2022
60 - 64	Breaststroke	200	Matthea Malcolm	4:59.82*	SAALC	14/08/2022
60 - 64	Breaststroke	400	Cheryl Chambers	9:22.34	SAALC	5/11/2023
60 - 64	Butterfly	50	Matthea Malcolm	57.64	SAALC	11/09/2022
60 - 64	Butterfly	100	Matthea Malcolm	2:09.95*	Gawler	31/01/2021
60 - 64	Butterfly	200	Matthea Malcolm	4:38.18*	Gawler	31/01/2021
60 - 64	Butterfly	400	Matthea Malcolm	9:42.29	Gawler	31/01/2021
60 - 64	Individual Medley	200	Joanne Sutcliffe	2:58.99	SAALC	16/06/2024
60 - 64	Individual Medley	400	Matthea Malcolm	8:35.73	SAALC	10/10/2021
60 - 64	Individual Medley	800	Matthea Malcolm	18:16.55	SAALC	7/11/2021
65-69	Freestyle	50	Joanne Sutcliffe	33.24	Strathalbyn	23/02/2025
65-69	Freestyle	400	Joanne Sutcliffe	6:13.72	Strathalbyn	23/02/2025
65-69	Backstroke	50	Joanne Sutcliffe	37.80	Strathalbyn	23/02/2025
65-69	Backstroke	100	Joanne Sutcliffe	1:23.32	Murray Bridge	23/03/2025
65-69	Backstroke	200	Joanne Sutcliffe	3:00.33	Murray Bridge	23/03/2025