

Women's Long Course Club Records

Age	Event	Distance	Name	Time	Location	Date
18 - 24	Freestyle	50	Pui Yee Li	37.10	Strathalbyn	28/02/2021
18 - 24	Freestyle	100	Hannah Murray	1:19.41*	SAALC	16/06/2024
18 - 24	Freestyle	200	Hannah Murray	2:44.64*	SAALC	16/06/2024
18 - 24	Freestyle	400	Hannah Murray	5:32.02	SAALC	27/04/2025
18 - 24	Breaststroke	50	Hannah Murray	49.29*	SAALC	14/07/2024
18 - 24	Breaststroke	100	Hannah Murray	1:47.08*	SAALC	14/07/2024
18 - 24	Breaststroke	200	Hannah Murray	3:47.03	SAALC	14/07/2024
18 - 24	Butterfly	50	Hannah Murray	38.57*	SAALC	16/06/2024
18 - 24	Butterfly	100	Hannah Murray	1:26.42	SAALC	16/06/2024
18 - 24	Individual Medley	200	Hannah Murray	3:10.48	SAALC	7/04/2024
25 - 29	Freestyle	50	Kimberley Vidura	29.94*	SAALC	19/07/2021
25 - 29	Freestyle	100	Kimberley Vidura	1:07.00	Gawler	31/01/2021
25 - 29	Backstroke	50	Kimberley Vidura	35.09	Strathalbyn	28/02/2021
25 - 29	Backstroke	100	Kimberley Vidura	1:15.34	SAALC	15/08/2021
25 - 29	Backstroke	200	Kimberley Vidura	2:45.34	SAALC	19/07/2021
25 - 29	Butterfly	50	Kimberley Vidura	31.17	Gawler	31/01/2021
25 - 29	Butterfly	100	Kimberley Vidura	1:11.58	Strathalbyn	28/02/2021
30 - 34	Freestyle	50	Briny McArthur	31.79	SAALC	17/08/2021
30 - 34	Freestyle	100	Briny McArthur	1:08.81	SAALC	15/08/2021
30 - 34	Freestyle	200	Lauren Christian	2:35.24*	Strathalbyn	28/02/2021
30 - 34	Freestyle	400	Lauren Christian	5:16.49	Strathalbyn	28/02/2021
30 - 34	Freestyle	800	Briny McArthur	11:14.87	SAALC	24/01/2021
30 - 34	Freestyle	1500	Briny McArthur	22:02.20	Renmark	21/02/2021
30 - 34	Backstroke	50	Briny McArthur	38.03	SAALC	13/02/2021
30 - 34	Backstroke	100	Briny McArthur	1:23.06	SAALC	13/02/2021
30 - 34	Backstroke	200	Briny McArthur	2:52.29	SAALC	13/02/2021
30 - 34	Backstroke	400	Briny McArthur	6:13.60	SAALC	17/08/2021
30 - 34	Backstroke	800	Briny McArthur	12:46.05	SAALC	7/11/2021
30 - 34	Breaststroke	50	Lauren Christian	38.49	SAALC	10/10/2021
30 - 34	Breaststroke	100	Lauren Christian	1:23.30	SAALC	10/10/2021
30 - 34	Breaststroke	200	Briny McArthur	4:08.65*	SAALC	7/11/2021
30 - 34	Breaststroke	400	Briny McArthur	8:27.77	SAALC	7/11/2021
30 - 34	Butterfly	50	Briny McArthur	35.08	SAALC	19/07/2021
30 - 34	Butterfly	100	Lauren Christian	1:14.44	SAALC	10/10/2021
30 - 34	Individual Medley	200	Lauren Christian	2:43.78	SAALC	10/10/2021
30 - 34	Individual Medley	400	Briny McArthur	6:35.56	SAALC	18/12/2020
35 - 39	Freestyle	50	Stella Mathews	35.27	SAALC	2/04/2023
35 - 39	Freestyle	100	Stella Mathews	1:21.90	SAALC	23/10/2022
35 - 39	Freestyle	200	Stella Mathews	3:05.34	SAALC	14/08/2022
40-44	Freestyle	50	Rebecca Gumm	32.67	Murray Bridge	23/03/2025
40-44	Freestyle	100	Rebecca Gumm	1:15.25*	SAALC	1/06/2025
40-44	Freestyle	200	Rebecca Gumm	2:55.46	SAALC	27/04/2025
40-44	Freestyle	400	Rebecca Gumm	6:38.53	SAALC	7/04/2024

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40-44	Backstroke	50	Joanne Bowen	45.99*	SAALC	12/09/2022
40-44	Backstroke	100	Rachel Neumann	2:01.07	SAALC	21/08/2023
40-44	Backstroke	200	Rachel Neumann	4:20.61	SAALC	2/04/2023
40-44	Breaststroke	50	Rebecca Gumm	38.04	Port Augusta	5/04/2025
40-44	Breaststroke	100	Rebecca Gumm	1:28.16	SAALC	24/08/2025
40-44	Breaststroke	200	Rebecca Gumm	3:34.52	SAALC	16/06/2024
40-44	Breaststroke	400	Rachel Neumann	8:34.02	SAALC	21/08/2023
40-44	Butterfly	50	Rebecca Gumm	37.85	Port Augusta	5/04/2025
40-44	Individual Medley	200	Rebecca Gumm	3:20.02	SAALC	7/04/2024
45-49	Freestyle	50	Nicol Wright	29.88	SAALC	10/10/2021
45-49	Freestyle	100	Nicol Wright	1:05.47	SAALC	10/10/2021
45-49	Freestyle	200	Kim Wellington	2:36.74	Parap, NT	7/05/2024
45-49	Freestyle	400	Kim Wellington	5:34.23	SAALC	2/04/2023
45-49	Freestyle	800	Kim Wellington	11:33.01	Parap, NT	6/05/2024
45-49	Backstroke	50	Nicol Wright	33.28	SAALC	10/10/2021
45-49	Backstroke	100	Nicol Wright	1:13.91	SAALC	2/04/2023
45-49	Backstroke	200	Nicol Wright	2:43.94	SAALC	19/07/2021
45-49	Breaststroke	50	Kim Wellington	42.44	SAALC	2/04/2023
45-49	Breaststroke	100	Kim Wellington	1:34.13	SAALC	11/09/2022
45-49	Breaststroke	200	Kim Wellington	3:37.12*	SAALC	7/11/2021
45-49	Breaststroke	400	Kim Wellington	7:22.08	SAALC	7/11/2021
45-49	Butterfly	50	Nicol Wright	32.67	SAALC	11/09/2022
45-49	Butterfly	200	Rachel Neumann	4:38.36	SAALC	27/04/2025
45-49	Individual Medley	200	Nicol Wright	2:54.12	SAALC	16/06/2024
50 -54	Freestyle	50	Nicol Wright	31.88	SAALC	27/04/2025
50 -54	Freestyle	100	Natalie McGiffert	1:18.05	SAALC	1/06/2025
50 -54	Freestyle	200	Natalie McGiffert	3:39.80	SAALC	23/10/2022
50 -54	Freestyle	400	Natalie McGiffert	6:46.21	Murray Bridge	23/03/2025
50 -54	Backstroke	50	Nicol Wright	34.62	SAALC	27/04/2025
50 -54	Backstroke	100	Nicol Wright	1:17.14	SAALC	27/04/2025
50 -54	Breaststroke	50	Natalie McGiffert	44.51	SAALC	23/10/2022
50 -54	Breaststroke	100	Natalie McGiffert	1:39.48	SAALC	24/08/2025
50 -54	Breaststroke	200	Natalie McGiffert	3:37.11	SAALC	27/04/2025
50 -54	Breaststroke	400	Natalie McGiffert	7:51.94	SAALC	9/11/2025
50 -54	Breaststroke	800	Natalie McGiffert	15:41.36	SAALC	5/11/2023
50 -54	Butterfly	50	Natalie McGiffert	42.92	SAALC	1/06/2025
50 -54	Butterfly	100	Natalie McGiffert	1:44.82	Gawler	22/02/2026
55-59	Freestyle	50	Cheryl Chambers	36.94	SAALC	10/10/2021
55-59	Freestyle	100	Cheryl Chambers	1:22.64	SAALC	10/10/2021
55-59	Freestyle	200	Sharon Beaver	2:52.39*	Gawler	22/02/2026
55-59	Freestyle	400	Sharon Beaver	5:48.60	Gawler	22/02/2026
55-59	Freestyle	800	Sharon Beaver	11:49.75	SAALC	9/11/2025
55-59	Freestyle	1500	Cheryl Chambers	26:03.71	SAALC	7/11/2021

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Age	Event	Distance	Name	Time	Location	Date
55-59	Backstroke	50	Julie Taylor	38.74*	SAALC	23/10/2022
55-59	Backstroke	100	Sharon Beaver	1:33.80*	SAALC	9/11/2025
55-59	Backstroke	200	Sharon Beaver	3:13.01*	SAALC	9/11/2025
55-59	Backstroke	400	Sharon Beaver	6:24.23	SAALC	9/11/2025
55-59	Breaststroke	50	Julie Taylor	45.22	SAALC	11/09/2022
55-59	Breaststroke	100	Julie Taylor	1:40.69	SAALC	14/08/2022
55-59	Breaststroke	200	Julie Taylor	3:35.81	SAALC	27/04/2025
55-59	Breaststroke	400	Julie Taylor	7:41.44	SAALC	9/11/2025
55-59	Breaststroke	800	Julie Taylor	15:40.14	SAALC	9/11/2025
60 - 64	Freestyle	50	Joanne Sutcliffe	33.03*	SAALC	15/08/2021
60 - 64	Freestyle	100	Joanne Sutcliffe	1:10.04	SAALC	15/08/2021
60 - 64	Freestyle	200	Joanne Sutcliffe	2:31.61	SAALC	15/08/2021
60 - 64	Freestyle	400	Joanne Sutcliffe	5:13.42	Gawler	31/01/2021
60 - 64	Freestyle	800	Joanne Sutcliffe	10.48.89	SAALC	18/09/2021
60 - 64	Freestyle	1500	Cheryl Chambers	25:51.26	SAALC	5/11/2023
60 - 64	Backstroke	50	Joanne Sutcliffe	36.62	SAALC	10/10/2021
60 - 64	Backstroke	100	Joanne Sutcliffe	1:19.20	SAALC	19/07/2021
60 - 64	Backstroke	200	Joanne Sutcliffe	2:50.77	SAALC	19/07/2021
60 - 64	Backstroke	400	Joanne Sutcliffe	5:55.51	SAALC	19/07/2021
60 - 64	Backstroke	800	Joanne Sutcliffe	12:09.19*	SAALC	7/11/2021
60 - 64	Backstroke	1500	Joanne Sutcliffe	22:55.99	SAALC	7/11/2021
60 - 64	Breaststroke	50	Joanne Sutcliffe	46.77	Gawler	29/01/2023
60 - 64	Breaststroke	100	Cheryl Chambers	1:58.40	SAALC	27/04/2025
60 - 64	Breaststroke	200	Cheryl Chambers	4:37.30*	SAALC	5/11/2023
60 - 64	Breaststroke	400	Cheryl Chambers	9:22.34	SAALC	5/11/2023
60 - 64	Butterfly	50	Matthea Malcolm	57.64	SAALC	11/09/2022
60 - 64	Butterfly	100	Matthea Malcolm	2:09.95*	Gawler	31/01/2021
60 - 64	Butterfly	200	Matthea Malcolm	4:38.18*	Gawler	31/01/2021
60 - 64	Butterfly	400	Matthea Malcolm	9:42.29	Gawler	31/01/2021
60 - 64	Individual Medley	200	Joanne Sutcliffe	2:58.99	SAALC	16/06/2024
60 - 64	Individual Medley	400	Matthea Malcolm	8:35.73	SAALC	10/10/2021
60 - 64	Individual Medley	800	Matthea Malcolm	18:16.55	SAALC	7/11/2021
65-69	Freestyle	50	Joanne Sutcliffe	32.96	SAALC	24/08/2025
65-69	Freestyle	100	Joanne Sutcliffe	1:10.86	SAALC	24/08/2025
65-69	Freestyle	200	Joanne Sutcliffe	2:41.87	SAALC	9/11/2025
65-69	Freestyle	400	Joanne Sutcliffe	5:27.57	SAALC	9/11/2025
65-69	Freestyle	800	Joanne Sutcliffe	12:18.59*	SAALC	9/11/2025
65-69	Freestyle	1500	Joanne Sutcliffe	23:09.93	SAALC	9/11/2025
65-69	Backstroke	50	Joanne Sutcliffe	37.28	Gawler	22/02/2026
65-69	Backstroke	100	Joanne Sutcliffe	1:23.32	Murray Bridge	23/03/2025
65-69	Backstroke	200	Joanne Sutcliffe	3:00.33	Murray Bridge	23/03/2025
65-69	Backstroke	400	Joanne Sutcliffe	5:59.23	SAALC	27/04/2025
65-69	Backstroke	800	Joanne Sutcliffe	12:18.59*	SAALC	9/11/2025



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65-69	Backstroke	1500	Joanne Sutcliffe	23:09.93	SAALC	9/11/2025